



Scanorama's guide to

OSLO

USEFUL INFORMATION

AIRPORT TRANSFER

Flytoget, the shuttle train, takes you to the city center in 20 minutes. A one-way ticket costs NOK 150. Trains run from 5.35 am to 0.35 am. Departures: weekdays every 10 minutes between 5.35 am and 9.15 pm, and every 20 minutes thereafter.

PUBLIC TRANSPORT

Oslo Sporveier (tel: +47 81 50 01 76) runs buses, the subway and streetcars all over Oslo. A one-hour ticket costs NOK 20; a 24-hour ticket costs NOK 60. A one-day Oslo Pass, which costs NOK 190, is valid not only for most museums and sights but

also for all public transport in Oslo and its surroundings.

TAXIS

Either hail a cab on the street or call +47 0 23 23 (Oslo Taxi). Mon-Fri 6 am-5 pm the rate is NOK 10.20/km for the first 10 kilometers and thereafter NOK 12.80. Rates are higher during other periods.

TIPPING

Ten percent of the total bill in restaurants, and five percent in cafes and bars.

SAS TICKET RESERVATIONS

Call +47 815 20 400 or
www.scandinavian.net

1 Norwegian krone = U.S. 15 cents. 1 U.S. dollar = 6.7 Norwegian kroner (May 2004)

RADISSON SAS HOTELS

- ① Radisson SAS Plaza Hotel, Sonja Henies Plass 3. Tel: +47 22 05 80 00. L4
- ② Radisson SAS Scandinavia Hotel, Holbergsgate 30. Tel: +47 23 29 30 00. F1
- ③ Radisson SAS Park Hotel, Fornebuparken. Tel: +47 67 82 30 00.*
- ④ Radisson SAS Business Park Hotel, Nydalsveien 33. Tel: +47 23 26 30 00.*
- ⑤ Radisson SAS Airport Hotel, Hotelvegen Gardermoen. Tel: +47 63 93 30 00.*

* These hotels are located outside the area of the map.

We offer you a number of city guides on www.radissonsas.com

DINING – EXCLUSIVE

BAGATELLE

The only restaurant in Norway with two stars in *Guide Rouge*. Outstanding food, wine and service. For best value, go for one of the day's set menus rather than à la carte. Bygdøy allé 3. Tel: +47 22 12 14 40. B2

ORO

Thanks to Bocuse d'Or award-winning head chef Terje Ness, Oro is a popular choice on the Oslo restaurant scene. Excellent food – in surprising combinations – is stylishly presented by competent and friendly staff. Tordenskiolds gate 6a. Tel: +47 23 01 02 40. G4

STATHOLDERGAARDEN

Food of the highest order served in striking premises with 18th-century decor. Master chef Bent Stiansen offers dishes with the best local raw materials, inspired by more southerly gastronomic traditions. Wine cellar with 6,000 bottles in all price ranges. Rådhusgata 11. Tel: +47 22 41 88 00. I5

FEINSCHMECKER

A well-established restaurant located in the heart of Oslo's west side. Feinschmecker does classical French food and does it well. You will find yourself comfortably seated in intimate and cozy surroundings. One star in *Guide Rouge*. Balchens gate 5. Tel: +47 22 12 93 80.

▲ Radisson SAS Business Park Hotel, Radisson SAS Airport Hotel



▼ Radisson SAS Park Hotel

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DINING – CLASSICS

LORRY

An institution, Lorry has been around for a century. Popular with artists as well as politicians for the unique atmosphere and no-nonsense staff. Usually attracts a slightly more mature clientele. *Parkveien 12. Tel: +47 22 69 69 04.*

GRAND CAFE

Part of the distinguished Grand Hotel, this restaurant proves that old-fashioned never goes out of style. Note the statue of an enduringly faithful customer – the late Norwegian writer Henrik Ibsen – at his table by the entrance. *Karl Johans gate 31. Tel: +47 24 14 53 00. H3*

THEATERCAFEEN

The traditional menu can be over-priced, but sit down with a smoked salmon sandwich and you won't notice. Live piano, excellent waiters and stars from the National Theatre across the street make it all worth it. *Stortingsgata 24/26. Tel: +47 22 82 40 00. G3*

ARCIMBOLDO

A refined version of a museum cafeteria in Kunstnerens Hus (The Artists' House), this is where the cultural elite of Oslo goes to wine, dine and socialize. Extremely popular on Friday nights. *Wergelandsveien 17. Tel: +47 22 69 44 22.*

DINING – MODERATE

BØLGEN & MOI

Stylish modern restaurant with a bar, a brasserie and a gourmet section. Excellent food served in a cozy and sweet-smelling atmosphere of baking stove with open fireplace and art on the walls. *Løvenskiolds gate 26. Tel: +47 24 11 53 53.*

DET 11. BUD

The 11th commandment could read something like: "thou shall eat petite portions of excellent food combining continental traditions with cross-over experimentation and

wines carefully selected by skilled and polite staff." The most successfully innovative restaurant to open in Oslo last year. *Kirkegata 34. Tel: +47 22 33 35 70. J4*

PALACE GRILL

Arguably Oslo's most popular "hole in the wall," with young and energetic chefs composing tasty menus every evening. No reservations. Check out Palace Reserva next door for simpler but equally good food, a younger crowd and crazy dancing on weekends. *Solligate 2. Tel: +47 22 56 14 02. C3*

MAGMA

Run by famed chef Sonja Lee, Magma is renowned for uncomplicated, elegant food based on top seasonal ingredients – all served in a stylish oasis of warm colors. *Bygdøy allé 53. Tel: +47 23 08 58 10.*

DINING – INEXPENSIVE

KAMPEN BISTRO

Unpretentious cafe serving simple but genuine Norwegian home cooking. Old-fashioned local cuisine at its best. Jazz and rock performers are often on the program. *Bøgata 21. Tel: +47 22 19 77 08.*

VILLA PARADISO

An inexpensive and unpretentious pizza place in Grünerløkka. So far the only pizza restaurant in Norway controlled and accepted by the strict Italian regulations (DOC). In other words: proper pizza. *Olaf Ryes plass 8. Tel: +47 22 35 40 60.*

NAMBO

Proof that taste, quality and class does not have to render you completely broke, even in Oslo. Enjoy fresh Vietnamese food in delicate surroundings, and be pleasantly surprised when the bill arrives. *Majorstuveien 34. Tel: +47 22 59 13 82.*

ARAKATAKA

This very popular, informal restaurant is favored for its tasty Mediterranean food. Always packed, so be prepared for a couple

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of drinks at the bar and some noise. *Mariboegate 7. Tel: +47 23 32 83 00. K3*

CAFES

KOKOPELLI

With a large latte or hot chocolate, this is the perfect place to relax in front of the fireplace after a shopping spree along nearby Bogstadveien. Warm and welcoming atmosphere. *Ingelbrecht Knudssøns gate 1. Tel: +47 22 60 33 04.*

CLODION ART CAFE

Decent, reasonable food is served in these colorful and arty surroundings, and children are welcome. Perfect for weekend brunches or resting your feet after a stroll in nearby Vigeland Park. *Bygdøy allé 63. Tel: +47 22 44 97 26.*

BISTRO BROCANTE

In the middle of hectic Grünerløkka is your classical faux-Parisian bistro. Pastis, café crème, croque monsieur – you name it, Bistro Brocante has it. *Thorvald Meyersgate 40. Tel: +47 22 35 68 71.*

CAFÉ CON BAR

When Café Con Bar opened, the talk on people's lips was not of the cool retro interiors but of the unisex toilets. The laid-back atmosphere attracts a creative crowd for lattes and the best egg-bacon sandwich in town. *Brugata 11. Tel: +47 22 05 02 00. M3*

BARS

BAR BOCA

You'll never feel lonely in this tiny but stylish 1950s bar. Bartenders use exclusively fresh ingredients and know their business, so cocktails are excellent and well worth the probable wait. *Thorvald Meyersgate 30. Tel: +47 22 04 10 80.*

FROGNERVEIEN 6

It's great to start off an evening at this local bar in the posh neighborhood of Frogner. Share a round of beers at one of the low

tables with a group of friends, or lose yourself in the outside world by one of the huge windows at street level with a cocktail. *Frognerveien 6. Tel: +47 22 43 70 60. B2*

BAR ROBINET

The opening of Bar Robinet a few years ago made downtown Oslo look a whole lot better. This tiny bar attracts an urban crowd, from rockers to intellectuals via the fashion and media industries, for high-quality drinks and a unique atmosphere. *Mariboegate 7. Tel: +47 22 20 01 50. K2*

NOBILIS

Situated right in between the busy shopping street Bogstadveien and the buzzing party street Hegdehaugsveien, Nobilis offers great drinks and tasty bar food in urban but intimate surroundings. The guys wear shirts and the ladies slingbacks. *Josefinesgate 23. Tel: +47 23 20 13 10.*

NIGHTCLUBS AND DISCOS

SKANSEN

This old public-toilet-turned-house-and-techno-wonderland has been brought back from the dead by some of Norway's best DJs. The genuinely friendly doormen reflect the spirit of this popular club, which attracts a young and happy party crowd. *Rådhusgata 25. Tel: +47 22 42 28 88. H4*

KOKKOS DISKOTEK

In the basement of the Grand Hotel, Kokkos recently opened its doors to attract a young and trendy party crowd. Sleek interiors and a professional bartending team. Entrance from Rosenkrantzgate. *Grand Hotel, Karl Johans gate 31. Tel: +47 23 21 20 19. H3*

HORGAN'S

Solid evidence that loud and happy music, equally loud and happy people, dancing on the tables and flirting in the corners never go out of style. Simple Tex-Mex kitchen. Horgan's is popular with sporty guys from banking/financial sector, and their ladies. *Hegdehaugsveien 24. Tel: +47 22 60 87 87.*

MACONDO

A recently opened and warmly welcomed downtown Oslo club with an impressive Seventies theme. Probably the only trendy club that gets away with playing cheesy disco hits all night. Let's dance! *Badstuegata 1*. Tel: +47 22 20 82 55. L2

LIVE MUSIC

HERR NILSEN

For a challenging take on conventional jazz, drop in at this smoky joint with its faithful followers. *C. J. Hambros Plass 5*. Tel: +47 22 33 54 05. I2

SMUGET

This, the largest and arguably most tacky nightclub in the city, does not cater to the suit set. Several stages host different kinds of music, from pure jazz to hard rock, R&B and funk, as well as stand-up shows. *Rosenkrantz gate 22*. Tel: +47 22 42 52 62. G4

GLORIA FLAMES

Be prepared to stand in line at this minimalist rock'n'roll bar featuring top-class metal, punk and grunge artists. But once inside, you soon forget the wait. *Grønmland 18*. Tel: +47 22 17 16 00. N4

BLÅ

This warehouse-turned-jazz club has become an institution on Oslo's cultural landscape and is the place to go for modern, experimental music. Both guest and resident DJs and live bands appear on stage. *Brenneriveien 9c*. Tel: +47 22 20 91 81.

SHOPPING – DEPARTMENT STORES

GLASMAGASINET

Posh and exclusive, with more than 25 fashion boutiques. Also interior design, souvenirs, porcelain, crystalware and taxfree. *Stortorvet 9*. Tel: +47 22 90 89 00. J3

PALÉET SHOPPING CENTER

High-class shopping and dining off Karl Johan in a shopping center with 45 shops

and 13 restaurants. Strong on fashionable clothing. *Karl Johans gate 37-43*. Tel: +47 22 41 70 86. G2

STEEN & STRØM

Elegant, centrally situated shopping center with 52 shops and three cafés. Clothing, footwear, gifts, interior design. *Kongensgate 23*. Tel: +47 22 00 40 01. I4

SHOPPING – SHOPS

KAMIKAZE DONNA

Gucci, Prada, Yves Saint Laurent and Roberto Cavalli for women, in a stark white store on one of Oslo's prime shopping streets. Expensive. *Hegdehaugsveien 27*. Tel: +47 22 59 38 45.

NORWAY DESIGNS

Largest design-oriented store in Oslo, specializing in glass, metal and ceramics crafted by Scandinavian artists. Also sells trendy home appliances. *Stortingsgate 28*. Tel: +47 23 11 45 10. F3

COMING NEXT

This shop offers unique clothing for truly individual urbanites. Norwegian designers Siri Findal and Maria Lindskog design most of the clothes themselves, though not all. *Korsgata 25*. Tel: +47 22 04 00 22.

FRETEX

Second-hand and vintage clothes are cool, especially here where you can shop with a clean conscience. This new Salvation Army store has boosted the secondhand wave in Oslo. It also has china and furniture. *Markveien 51*. Tel: +47 22 35 59 16.

10 GREAT SIGHTS

HOLMENKOLLEN

The most famous ski arena in the world – and Oslo's main tourist attraction – offers a breathtaking view of Oslo from the top of the ski jump. Don't miss the Ski Museum and ski jump simulator. *Kongeveien 5*. Tel: +47 22 92 32 00.

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KON-TIKI MUSEUM

Thor Heyerdahl set off on a simple raft. *Kon-Tiki*, from Callao, Peru, on April 28, 1947, and 101 days later landed on the island of Raroia in Polynesia. At the museum you can also see *Ra II*, Heyerdahl's papyrus boat from another expedition. *Bygdøynesveien 36*. Tel: +47 23 08 67 67.

MUNCH MUSEUM

Edvard Munch, Norway's foremost painter, was a pioneer of Nordic expressionism. He bequeathed a large collection of his own paintings, drawings and graphic work to the City of Oslo. They are always on display at the Munch Museum. *Tøyengata 53*. Tel: +47 23 24 14 00.

VIKING SHIP MUSEUM

Take a look at the world's two best-preserved wooden Viking ships, built in the 9th century, and thousands of archaeological finds such as wagons, rowing boats, tools, sledges and textiles. Very popular – you will not be alone. *Huk Aveny 35*. Tel: +47 22 43 83 79.

HENIE ONSTAD ART CENTER

Situated in beautiful surroundings on the Oslo Fjord, just 15 minutes from the downtown area, Henie Onstad has the largest collection of modern art in Norway. Lectures and guided tours in several languages. *Høvikodden*. Tel: +47 67 80 48 80.

POLAR SHIP FRAM

The polar ship *Fram* was used for three "icy" expeditions by Norwegian heroes Fridtjof Nansen, Otto Sverdrup and Roald Amundsen. Built in 1892, the ship is exhibited with original interior and inventory. *Bygdøynesveien 36*. Tel: +47 22 43 83 70.

NORWEGIAN FOLK MUSEUM

Antique wooden houses from all areas of Norway, including a stave church from 1200. Collections of folk costumes, furniture, silver and handicrafts. Especially worth a visit if you have no time to see other parts of Norway. *Museumsveien 10*. Tel: +47 22 12 37 00.

VIGELAND PARK

Approximately 200 sculptures by Gustav Vigeland (1869-1943), who also designed the layout of the park, are exhibited here. Main entrance from Kirkeveien. Tel: +47 22 54 25 30.

ASTRUP FEARNLEY MUSEUM

Outstanding showcase of modern art, from the postwar period to the present. Permanent collection includes works by Bacon, Freud, Auerbach, Hockney, Kitaj and Keifer. Advantage: close to the city center. *Dronningens gate 4*. Tel: +47 22 93 60 60. J6

NATIONAL ART MUSEUM OF NORWAY

Comprehensive collection of Norwegian and international art up to 1945, including Edvard Munch's *The Scream*, the most famous of all Norwegian paintings. Many of us have seen copies; not many have seen the original. *Universitetsgaten 13*. Tel: +47 22 20 04 04. H2

GREAT WALKS

KVADRATUREN

Take a walk through old Oslo in the shadow of Akershus Fortress. The area has several buildings from the 17th century, providing an idea of what Oslo looked like at the beginning of its history. G6

OSLO SURROUNDINGS (NORDMARKA)

The Norwegians are a rough-and-ready outdoorsy people, and this is where Oslo's inhabitants go to immerse themselves in nature. *Den Norske Turistforening*. Tel: +47 22 82 28 00.

KARL JOHANS GATE

Oslo's main street for over 100 years. Starts at Oslo Central Station and ends at the Royal Palace, with endless possibilities for shopping, eating and drinking. J4

GRÜNERLØKKA

Formerly a working-class district (Edvard Munch was one of the many poor artists who lived there), but now full of fashionable

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shops, pubs, restaurants, trendy bars and delis. Perfect for strolling about and watching the world go by.

GUIDED TOURS

FJORD SIGHTSEEING

Seeing Oslo from the water gives you a different perspective on the Norwegian capital. You pass through narrow sounds and bays with the surrounding hills in the distance. *Båtservice Sightseeing. Rådhusbrygge 3. Tel: +47 23 35 68 90.*

OSLO HIGHLIGHTS

One of the best-known sightseeing tours in Oslo, providing an overall look at the city and its many attractions. During three hours you will see the Vigeland Sculpture Park, Holmenkollen and several museums, among other highlights. *H. M. Kristiansens Automobilbyrå. Hegdehaugsveien 4. Tel: +47 23 15 73 00.*

EVENING CRUISES

The ultimate way to see Oslo: a romantic evening cruise onboard a real wooden sailing ship, while enjoying a Norwegian prawn buffet. *Båtservice Sightseeing. Rådhusbrygge 3. Tel: +47 23 35 68 90. F5*

NORWEGIAN EVENING

Guided tour of the Norwegian Folk Museum and its stave church is followed by a folk-dance performance in national costumes. *H. M. Kristiansen Automobilbyrå. Hegdehaugsveien 4. Tel: +47 23 15 73 00.*

KIDS STUFF

NORWEGIAN TECHNICAL MUSEUM

Kids find out for themselves how things work. Here they can test a wide array of devices and gadgets. *Kjelsåsveien 143. Tel: +47 22 79 60 00.*

TUSENFRYD

Norway's leading amusement park, just 20 kilometers from downtown Oslo, has 35 carousels and 21 restaurants. It boasts one of

Europe's best wooden roller-coasters and the brand-new RollOver, which shakes the living daylight out of you, then leaves you hanging upside down. Fun! *Vinterbro, southeast of Oslo. Tel: +47 64 97 64 97.*

INTERNATIONAL MUSEUM OF CHILDREN'S ART

The three basic aims of this museum are to collect, preserve and promote children's art worldwide. It is possible for visiting children to draw and paint themselves, and there is music every day. *Lille Frøens vei 4. Tel: +47 22 46 85 73.*

MOVE IT

BYGDØY

Frognerparken and Slottsparken around the Royal Palace might do for a quick jog before breakfast, but for a longer run you need to get out on the museum island of Bygdøy. Run along Drammensveien due west, turn left at Skarpsno and follow the water out of town. **D2**

ARTESIA

Luxurious health and gym center with all types of equipment for improving your health. Also offers group activities – for example water aerobics and Pilates. *Majorstuveien 36. Tel: +47 22 93 35 50.*

OSLO BYSYKKEL

Rent a bike for a day to sight-see or as a cheap and enjoyable means of transportation. Stations are conveniently placed around the city, so you can pick up and leave the bike wherever it suits you. Buy a one-day pass at the Tourist Office for 50 kroner, and be prepared to leave a deposit of 500 kroner.

Visit our website www.scandinavian.net where a new city guide will be added each month.

Published June 2004

Editor: Cathrine Widerøe Shetelig, scanorama@sasmedia.se

Pictures: Fotobase, Samfoto, Oslo Promotion

Scanorama is published ten times a year by SAS Media AB, SE-195 87 Stockholm, SWEDEN

Scanorama is the inflight magazine of Scandinavian Airlines